



KNIGHT'S NETWORK

Los Angeles AFB Resource Guide 2023



Civilian Health Promotion



Check out the CHPS website for free health and wellness services.

Health Promotion



Body composition testing, individual nutrition counseling, group nutrition classes, cooking demonstrations, Commissary store meet-ups, sleep workshops, and relaxation room with Shiatsu massage chair.

Legal Office



The Legal Office offers attorney consultations, will drafting by appointment, as well as powers of attorney and notary services on a walk-in basis.

M&FRC



The Military & Family Readiness Center is a one-stop information and referral center.

Chaplain Corps



The Chaplain Corps mission is to optimize Airmen and Guardians with spiritual reserve and help them flourish in a climate of moral excellence.

SAPR



Sexual Assault Prevention and Response (SAPR) offers members advocacy and connections to base resources/referrals for medical/mental health and reporting options for both sexual harassment and assault.



First Sergeant Council

SBD 3 First Sergeant
310-648-0671

SSC First Sergeant
310-341-8719



First Sergeants advise Commanders and support members on topics like readiness, health, morale, welfare, and quality of life.

CDC



The Child Development Center (CDC) offers full-day childcare to 6 week to 5-year-old children of military and DoD civilian families.

Youth Programs



Youth Programs offers a variety of programs, services, and age appropriate activities, classes, trips, and events for youth ages 5-18 years

Family Child Care



Family Child Care (FCC) program offers in-home care for children ages 2 weeks to 12 years, in either on-installation housing or in civilian communities.

School Liaison Officer



The School Liaison Officer (SLO) works directly with base leadership, families, school districts, and local communities to foster quality education for military and civilian children.

61st Medical Squadron



The 61st Medical Squadron provides excellent outpatient medical care and ancillary services in support of 7,600 joint service enrollees consisting of active-duty personnel, retirees and dependents.

Brought to you by your LA AFB
Community Action Team

Civilians Active Duty Family Members

